



funktion
events

Pilates Class.


EVENT DETAILS




18+ Years of
event planning



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100 companies



Top Rated
Event Planner



Free Venue
Finding Service

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We organise thousands of quality team building events & Christmas parties each year!



www.funktionevents.co.uk



Pilates Class.



10-500
People



Available
Nationwide



1 Hr



Held
Indoors



Free Venue
Finding

Overview

Experience the benefits of Pilates at your location, office, or venue, led by a certified Pilates instructor. All equipment, including mats, is provided, ensuring a seamless and comfortable session. Whether you're a beginner or more experienced, each session is tailored to suit all group sizes and levels.

What's Included?

- ✓ Pilates at your location, office or venue
- ✓ Led by a certified Pilates instructor
- ✓ Tailored sessions for all group sizes & levels
- ✓ Focus on core strength, flexibility & posture
- ✓ Full risk assessments & £5million public liability insurance
- ✓ Well-kept and maintained equipment

Benefits

- ✓ Sense of Achievement
- ✓ Enhancing Motivation
- ✓ Working towards a common goal
- ✓ Learning New Skills
- ✓ Fun for All



ENQUIRE NOW



info@funktionevents.co.uk



0161 341 0052



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**Saving YOU
Hassle!**

ABTA
ABTA No. Y6501

Trustpilot
★★★★★

Pilates Class.



What happens at your event?

The instructor will turn up to your venue (e.g. office or hired space) and will set up all the equipment such as mats in a manner to allow the participants plenty of space to stretch out and move freely and comfortably.

The instructor will get you to warm up before delving deep into some low-impact exercises which are designed to promote a strong mind-body connection, focusing on core strength, flexibility, and posture.

With a duration of 1 hour, you'll leave feeling refreshed and empowered, with practical tips to incorporate into your daily routine. Pilates is the perfect addition to group classes, event boosts, or as a conference energizer.



Just some of our happy clients...



Customers love us!
We're rated 4.9 stars out of 5 based on 2,300+ Trustpilot reviews.

Is this something you'd like to book?

funktion events

CONTACT US

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What happens when you book?
We'll send you a quick digital agreement to sign, followed by an invoice for the 25% deposit (or 100% if within 6 weeks), which you can pay easily online, over the phone or by BACS.

-  **Saving YOU Hassle**
-  **Inclusive Events UK Wide**
-  **Encouraging Participation**



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